

hamilton people sometimes attribute my success to Study Guide

Hamilton people sometimes attribute my success to a complex interplay of factors rooted in community values, individual traits, and external influences. Living in Hamilton, Ontario—a city renowned for its resilience, diversity, and industrious spirit—people often look beyond individual effort to understand what propels success. In this article, we explore the various reasons why Hamilton residents might attribute my achievements to certain causes, shedding light on the cultural, social, and economic elements that shape perceptions of success in this vibrant city.

Cultural and Community Values in Hamilton

1. The Industrious Spirit of Hamilton's Residents

Hamilton has historically been known as the "Steel City," owing to its rich industrial heritage. This legacy instills a strong work ethic among its residents, who often value diligence and perseverance. When observing individual successes, many locals attribute them to a similar industrious spirit ingrained through generations.

- Hard work and perseverance as cultural norms
- Community pride in overcoming economic challenges
- Respect for craftsmanship and labor

2. Strong Sense of Community Support

Hamilton's neighborhoods foster tight-knit communities where neighbors support each other's endeavors. Success stories often emerge from the collaborative efforts and support networks within these communities.

- Local mentorship programs
- Community-led initiatives and events
- Volunteerism and mutual aid

External Factors Contributing to Success Perceptions

1. Access to Education and Skill Development

Hamilton boasts reputable educational institutions like McMaster University and Mohawk College, which provide opportunities for skill acquisition and higher education. Many attribute success to leveraging these educational resources.

- Specialized training programs
- Research opportunities at local universities
- Continuing education and adult learning initiatives

2. Economic Opportunities in the Region

The city's diverse economy, including healthcare, education, manufacturing, and technology sectors, offers numerous opportunities for career advancement.

- Growth in health sciences and research
- Emergence of tech startups and innovation hubs
- Government incentives and support for entrepreneurs

Personal Traits and Attitudes Valued in Hamilton

1. Resilience and Adaptability

With its industrial roots and economic fluctuations, resilience is highly valued. Many believe that personal qualities like adaptability and grit are crucial to success.

2. Initiative and Self-Motivation

In Hamilton's competitive environment, taking proactive steps and demonstrating self-motivation are often seen as key drivers of achievement.

3. Education and Continuous Learning

A commitment to lifelong learning is a common trait among successful Hamiltonians, contributing significantly to their accomplishments.

Influence of Family and Cultural Backgrounds

1. Family Values and Work Ethic

Many attribute success to the foundational values instilled by families, emphasizing hard work,

integrity, and perseverance.

2. Cultural Diversity and Perspectives

Hamilton's multicultural makeup encourages diverse approaches to problem-solving and innovation, enriching individual success stories.

Environmental and Lifestyle Factors

1. Access to Natural Resources and Outdoor Activities

The city's proximity to natural landscapes fosters a balanced lifestyle, which many believe supports mental well-being and productivity.

2. Affordable Living Costs

Compared to larger Canadian cities, Hamilton offers a relatively affordable cost of living, enabling residents to invest more in personal growth and career development.

Challenges and Criticisms of Success Attribution

While many attribute success to these factors, it's important to recognize the complexity and the potential oversimplification involved. Some criticisms include:

- Overemphasis on individual effort ignoring systemic barriers
- Neglecting the role of luck or timing
- Potential biases in success stories that favor certain demographics

Conclusion

In summary, Hamilton people sometimes attribute my success to a blend of community-driven support, regional economic opportunities, personal qualities, educational resources, family values, and lifestyle factors. The city's unique historical background, cultural diversity, and resilient spirit all contribute to a societal narrative that celebrates perseverance and adaptability. Recognizing these influences not only provides insight into individual achievements but also highlights the importance of fostering supportive environments that enable success for all residents. Ultimately, success in Hamilton is seen as a collective achievement rooted in hard work, community support, and a shared commitment to growth and resilience.

Hamilton People Sometimes Attribute My Success To

In the vibrant tapestry of Hamilton's community, where resilience, ingenuity, and a relentless pursuit of excellence intertwine, it's common for locals to attribute individual successes to a variety of influences. Whether in the realms of business, arts, sports, or social leadership, the collective mindset of Hamiltonians often shapes how achievements are perceived and celebrated. As an observer and analyst of this dynamic community, I've identified several key factors that residents frequently credit for the accomplishments of individuals within their midst.

This article delves into the multifaceted reasons behind these attributions, exploring cultural, historical, environmental, and social dimensions. By understanding these influences, we gain insight not only into what propels success but also into the unique identity and resilience of Hamilton's people.

Historical Legacy and Industrial Roots

The Steel City's Industrious Heritage

Hamilton's identity has long been intertwined with its industrial past. Known as the "Steel Capital of Canada," the city's history of manufacturing and heavy industry has fostered a culture of hard work, craftsmanship, and perseverance. Many residents believe that this legacy plays a significant role in shaping individual success stories.

This heritage instills a sense of pride and resilience, encouraging people to overcome obstacles much like their ancestors did in forging a robust industrial economy. Success stories often highlight:

- Work Ethic: The rigorous labor ethic developed through generations of steelworkers and factory employees.
- Innovation: The adaptation of old industries to new technologies, fostering entrepreneurial spirit.
- Community Support: The tight-knit nature of industrial neighborhoods that promotes collective upliftment.

Impact on Entrepreneurial Mindset

The industrial roots serve as a foundation for entrepreneurial ventures, especially in manufacturing and related sectors. Many successful business owners attribute their resilience and problem-solving skills to lessons learned through Hamilton's industrial history.

Community and Cultural Influences

Strong Sense of Community

Hamiltonians often emphasize the importance of community support and networks in their success stories. The city's neighborhoods are characterized by a spirit of camaraderie and mutual aid, which provides a safety net during challenging times.

Key aspects include:

- Local Mentorship Programs: Initiatives that connect aspiring entrepreneurs with experienced mentors.
- Community Events and Festivals: Opportunities for networking, collaboration, and showcasing talent.
- Volunteerism: A culture that encourages giving back, which often opens doors and nurtures leadership skills.

Cultural Diversity and Inclusion

Hamilton is a melting pot of cultures, with significant immigrant populations contributing to its vibrancy. This diversity fosters a global outlook and adaptability among residents, enabling success across various fields.

Contributions often include:

- Multilingual Skills: Facilitating international business and cultural exchange.
- Cultural Competency: Enhancing collaboration and innovation through diverse perspectives.
- Resilience: Overcoming challenges related to integration and establishing roots in a new community.

Educational Institutions and Skill Development

Influence of Local Educational Resources

Educational institutions in Hamilton, including McMaster University and Mohawk College, are frequently cited as critical factors in individual achievement. These institutions provide cutting-edge research, training programs, and industry partnerships.

Highlights include:

- Research Opportunities: Access to advanced laboratories and research centers.
- Vocational Training: Practical skills development aligned with local industry needs.

- Continuing Education: Lifelong learning programs that enable skill upgrades.

Innovative Education and Entrepreneurship Support

Programs aimed at fostering entrepreneurship, digital literacy, and leadership development are integral to the community's success narrative. Many individuals credit these resources for providing them with the tools necessary to excel.

Natural Environment and Geographic Location

Proximity to Major Markets and Resources

Hamilton's strategic location near Toronto, the United States, and key transportation corridors facilitates access to markets, suppliers, and talent pools.

Advantages include:

- Logistical Benefits: Ease of distribution and supply chain management.
- Networking Opportunities: Proximity to larger economic hubs encourages collaboration.
- Resource Accessibility: Close to natural resources such as water and raw materials.

Environmental Resilience and Inspiration

The natural environment—rivers, parks, and the scenic escarpment—serves as a source of inspiration and well-being, fostering creativity and resilience.

Personal Traits and Community Values

Resilience and Grit

A recurring theme in success attribution among Hamiltonians is resilience. The city's history of economic downturns, environmental challenges, and social shifts has cultivated a population that values grit and perseverance.

Traits often highlighted include:

- Adaptability: Ability to pivot in changing economic landscapes.
- Determination: Persistent pursuit of goals despite setbacks.
- Resourcefulness: Making the most of available opportunities.

Work Ethic and Accountability

The community emphasizes accountability, integrity, and a strong work ethic, which many believe are foundational to personal and professional success.

Recognition and Legacy of Local Role Models

Influence of Local Leaders and Pioneers

Success is often attributed to the inspiration drawn from local figures?industry pioneers, artists, activists, and entrepreneurs who have made significant contributions to Hamilton?s identity.

Examples include:

- Industrial Innovators: Visionaries who modernized manufacturing.
- Cultural Icons: Artists and musicians who bring recognition.
- Community Leaders: Individuals who champion social causes and development.

Their stories serve as motivation and proof that success is attainable within the community?s framework.

Conclusion: A Complex Interplay of Factors

In Hamilton, success is rarely attributed to a single cause. Instead, it results from an intricate interplay of historical influences, community support, educational opportunities, environmental factors, and personal traits. The city?s unique blend of resilience, diversity, and innovation creates an environment where achievements are celebrated as the culmination of collective effort and individual determination.

Understanding what Hamilton people sometimes attribute their success to offers valuable insights into the city?s identity and the mindset that drives its residents forward. It underscores the importance of community, heritage, and perseverance in shaping not just individual careers but the broader socio-economic fabric of this resilient city.

Whether you are a newcomer seeking inspiration or a local proud of your roots, recognizing these influences enriches appreciation for what makes Hamilton?s success stories so compelling and enduring.

Question What do people often attribute my success to in relation to Hamilton? Many people attribute your success to your hard work and dedication inspired by Hamilton's

entrepreneurial spirit. Why do some believe my success is due to Hamilton's influence? Because Hamilton is seen as a symbol of perseverance and innovation, people may credit these traits in you to his influence. Are people attributing my achievements to Hamilton's leadership qualities? Yes, some think your leadership style mirrors Hamilton's strategic thinking and decisiveness. Do people connect my success to Hamilton's historical legacy? Often, yes?people see your accomplishments as part of Hamilton's enduring legacy of ambition and reform. What misconceptions exist about my success and Hamilton? Some believe your success is solely due to Hamilton's influence, overlooking your personal effort and circumstances. How does Hamilton's story relate to how people perceive my achievements? Hamilton's story of overcoming obstacles and pioneering change is often used as a lens to interpret your success. Is it common for people to attribute my success to Hamilton's ideas? In certain circles, yes?people sometimes credit Hamilton's ideas about finance, governance, or innovation for your accomplishments. What role does the perception of Hamilton play in my reputation? The perception of Hamilton as a symbol of ambition and resilience can enhance how others view your own success story. How can I address misconceptions about my success being solely due to Hamilton? You can highlight your own efforts, decisions, and unique circumstances that contributed to your achievements beyond Hamilton's influence.

Related keywords: hard work, talent, luck, mentorship, perseverance, education, networking, passion, opportunity, dedication

Hamilton journal and there s a million things i h

hamilton journal and there s a million things i h?these words evoke a sense of reflection, nostalgia, and the persistent rush of daily life. Whether you're a dedicated reader of the Hamilton Journal or someone exploring local news sources for the first time, understanding the significance of this publication and its cultural impact is essential. In this comprehensive guide, we delve into the history, influence, and key features of the Hamilton Journal, alongside a closer look at the phrase "there's a million things I h," which resonates with many readers' experiences of juggling countless responsibilities and moments of inspiration. Join us as we explore the rich tapestry of stories, features, and community engagement that make the Hamilton Journal an integral part of local life.

Understanding the Hamilton Journal: A Local News Powerhouse

History and Origins of the Hamilton Journal

The Hamilton Journal has a storied history that dates back over a century. Founded in the early 20th century, it emerged as a vital source of news, entertainment, and community information for residents of Hamilton and surrounding areas. Its mission has always been to inform, inspire, and

connect the local community through timely reporting and engaging content.

Key milestones in the Hamilton Journal's history include:

- Launching as a weekly publication in 1910.
- Transitioning to a daily newspaper in the 1950s to meet growing demand.
- Expanding digital presence in the early 2000s to adapt to changing media consumption habits.
- Launching special editions and community-focused supplements to highlight local achievements.

The Role of the Hamilton Journal in the Community

The Hamilton Journal serves multiple roles:

- Informational Hub: Providing up-to-date news on local politics, education, business, and public safety.
- Community Builder: Showcasing local events, stories of residents, and community initiatives.
- Advocacy Platform: Giving a voice to community concerns and promoting civic engagement.
- Historical Record Keeper: Documenting significant events and changes over decades, becoming a valuable archive for future generations.

Key Features and Sections of the Hamilton Journal

News and Editorials

The core of the Hamilton Journal includes breaking news, investigative journalism, and opinion pieces. These sections focus on:

- Local government decisions.
- Public safety updates.
- Human interest stories.

Community Events and Announcements

A popular feature that keeps residents informed about:

- Festivals and parades.

- School events and graduations.
- Fundraisers and charity events.

Business and Economy

Highlighting economic growth and challenges within Hamilton:

- New business openings.
- Profiles of local entrepreneurs.
- Economic development projects.

Arts, Culture, and Lifestyle

Celebrating the vibrant cultural scene:

- Art exhibitions.
- Theatrical performances.
- Local dining spots and food festivals.

Sports Coverage

Covering local teams and athletic events:

- High school games.
- Community leagues.
- Profiles of standout athletes.

The Phrase "There's a Million Things I H" and Its Cultural Significance

Interpreting the Phrase

The fragment "there's a million things I h" resonates deeply with many readers as a shorthand for the busyness and overwhelm of modern life. Although incomplete, it suggests a longer sentiment like "there's a million things I have to do" or "there's a million things I hope for," capturing the duality of daily responsibilities and aspirations.

Common Themes Associated with the Phrase

- Overcommitment and time management.
- Aspirations and dreams.
- The fleeting nature of moments amidst chaos.
- The universal feeling of being pulled in multiple directions.

Why This Phrase Matters in the Context of the Hamilton Journal

The Hamilton Journal often features stories that echo this sentiment:

- Profiles of individuals balancing careers, families, and personal goals.
- Articles on mental health and wellness.
- Tips for managing stress and staying grounded.

By highlighting such themes, the Journal connects on a personal level with its readers, reinforcing its role as a relatable and empathetic voice of the community.

How to Access and Engage with the Hamilton Journal

print and Digital Formats

The Hamilton Journal offers multiple ways to stay connected:

- Print Editions: Available at local newsstands, cafes, and subscription delivery.
- Online Website: Provides real-time updates, archived stories, and multimedia content.
- Mobile App: Allows users to access news on-the-go with notifications for breaking stories.

Engagement Opportunities

Readers can participate actively:

- Submitting letters to the editor.
- Contributing guest articles or opinion pieces.
- Participating in community polls and surveys.
- Attending live events hosted by the Journal.

SEO Tips for Finding and Using the Hamilton Journal Online

To optimize your search experience and ensure you find relevant content quickly:

- Use specific search queries like "Hamilton Journal local news," "Hamilton Journal community events," or "Hamilton Journal archives."
- Follow the Hamilton Journal on social media platforms such as Facebook, Twitter, and Instagram for updates.
- Subscribe to newsletters for curated news and special features.
- Use keywords like "Hamilton news today," "Hamilton community stories," and "Hamilton local updates" for broader search results.

The Impact of Local Journalism in Hamilton

Building Trust and Community Cohesion

Local newspapers like the Hamilton Journal foster a sense of belonging and shared identity. They:

- Highlight stories that matter most to residents.
- Promote civic pride.
- Encourage community participation.

Supporting Local Economy

By advertising local businesses and events, the Journal plays a vital role in economic development and growth.

Fighting Misinformation

Dedicated local journalism ensures accurate reporting, helping to combat misinformation and rumors that can spread rapidly online.

Future Trends for the Hamilton Journal and Local News

Digital Transformation and Innovations

The future of the Hamilton Journal includes:

- Enhanced multimedia storytelling with videos and podcasts.
- Interactive features such as live Q&A sessions.
- Data-driven journalism for in-depth analysis.

Community-Driven Content

Increasing focus on user-generated content and hyper-local stories tailored to specific neighborhoods.

Sustainability and Funding

Exploring new revenue models such as memberships, sponsorships, and community partnerships to ensure long-term sustainability.

Conclusion

The Hamilton Journal remains a cornerstone of community life, providing essential news, inspiring stories, and a platform for civic engagement. Its rich history and adaptive strategies ensure it continues to serve Hamilton residents effectively. The phrase "there's a million things I h" encapsulates the hectic yet hopeful spirit of its readers, reminding us all of the importance of staying connected, informed, and resilient amidst life's many challenges. Whether you're reading the print edition, browsing online, or engaging through social media, the Hamilton Journal offers a window into the heart of Hamilton, celebrating its past, present, and future.

Keywords for SEO Optimization:

- Hamilton Journal
- Hamilton local news
- Hamilton community stories
- Hamilton news today
- Hamilton Journal online
- Hamilton newspaper archives
- Local journalism Hamilton
- Hamilton community events
- Hamilton arts and culture
- Hamilton sports coverage
- Hamilton business news
- Hamilton mental health stories

By focusing on these keywords and providing valuable, well-structured content, this article aims to enhance visibility and engagement for anyone interested in Hamilton's vibrant community through the lens of the Hamilton Journal.

Hamilton Journal and There's a Million Things I H: An In-Depth Review and Analysis

The phrase "Hamilton Journal and There's a Million Things I H" encapsulates a complex blend of

cultural, artistic, and emotional themes that demand a detailed exploration. While seemingly fragmented, these words evoke a tapestry of narratives ranging from the historical significance of Alexander Hamilton to contemporary reflections on life's overwhelming pace. This article aims to dissect these elements thoroughly, providing a comprehensive understanding of their origins, contexts, and implications within modern culture.

Understanding the "Hamilton Journal": Origins and Significance

The Historical Roots of Hamilton

The term "Hamilton" immediately conjures associations with Alexander Hamilton, a Founding Father of the United States, whose life and legacy have experienced a renaissance thanks to Lin-Manuel Miranda's groundbreaking musical *Hamilton*. The musical, which premiered in 2015, revitalized public interest in Hamilton's contributions to American history, emphasizing themes of ambition, innovation, and resilience.

This cultural phenomenon has extended beyond theatre into the realm of personal journals and artistic expressions. The phrase "Hamilton Journal" could refer to a personal or collective journal inspired by Hamilton's ideals, serving as a metaphor for documenting life's struggles, aspirations, and revolutionary ideas. It symbolizes a space where individuals record their own "revolutionary" journeys, paralleling Hamilton's own tumultuous life.

The Concept of a "Journal" in Artistic and Personal Contexts

A journal, whether physical or digital, functions as a repository for thoughts, ideas, and reflections. In the context of Hamilton's cultural impact, a "Hamilton Journal" might be a creative or philosophical project where individuals chronicle their ambitions, challenges, and lessons learned, akin to Hamilton's relentless pursuit of success despite obstacles.

In a broader sense, journals serve as tools for:

- Self-discovery and reflection
- Tracking personal growth
- Cultivating resilience amid adversity
- Documenting revolutionary ideas or movements

Thus, the term "Hamilton Journal" encapsulates an allegorical space for personal and collective narratives inspired by Hamilton's legacy.

Deciphering "There's a Million Things I H": Themes of Overwhelm

and Aspirations

The Ambiguous Ending: What Does "I H" Signify?

The phrase "There?s a million things I H" appears incomplete, inviting interpretation. Possible expansions include:

- "There?s a million things I Have" ? emphasizing a sense of abundance or overwhelm.
- "There?s a million things I Hope" ? reflecting aspirations and dreams.
- "There?s a million things I Hear" ? suggesting awareness or listening to life's myriad signals.
- "There?s a million things I Hurt" ? indicating emotional struggles.

Given the context, the fragment most plausibly expresses a sense of being overwhelmed by myriad responsibilities, emotions, or ambitions?a common theme in both personal journals and artistic expressions.

The Emotional and Psychological Resonance

The phrase captures a universal human experience: feeling inundated by countless thoughts, tasks, or feelings. In the modern age, where digital distraction and information overload are prevalent, such sentiments are increasingly relevant.

Key themes include:

- Overwhelm and Stress: The "million things" metaphor underscores the magnitude of daily challenges.
- Aspirations and Dreams: It may also reflect a desire to accomplish or experience more?an acknowledgment of endless possibilities.
- Emotional Burden: The phrase hints at underlying emotional struggles?grief, anxiety, or hope?that persist amidst chaos.

This duality?between aspiration and burden?is central to understanding contemporary narratives around personal growth and societal pressures.

Analyzing the Cultural and Artistic Impact

The Influence of Hamilton on Personal Narratives

The musical Hamilton has profoundly impacted how individuals perceive their own stories. Its

themes of perseverance, innovation, and revolutionary thinking inspire countless fans to document their journeys?often through personal journals, blogs, or social media.

Notable ways Hamilton influences personal narratives include:

- Encouraging self-reflection on ambition and legacy
- Inspiring creative outlets such as songwriting, poetry, or storytelling
- Promoting resilience in face of adversity
- Fostering a sense of community among fans sharing their "Hamilton Journals"

In this context, a "Hamilton Journal" becomes more than a personal diary; it transforms into a symbol of revolutionary self-expression.

Modern Expression of Overwhelm: The "Million Things" Motif

The motif of "a million things" resonates across various cultural artifacts?songs, literature, social media posts?highlighting a collective sentiment of being overwhelmed yet hopeful. It mirrors the human condition in the 21st century:

- The relentless pace of life
- The pressure to succeed professionally and personally
- The omnipresence of technology amplifying distractions

Artists and writers often explore these themes to connect with audiences experiencing similar feelings, fostering empathy and solidarity.

Implications for Personal Development and Society

Journaling as a Tool for Navigating Overwhelm

In the face of life's "million things," journaling serves as a vital coping mechanism. It allows individuals to:

- Prioritize and organize thoughts
- Process complex emotions
- Set achievable goals amidst chaos
- Reflect on progress and setbacks

The act of documenting personal struggles and triumphs mirrors Hamilton's own writings, such as his extensive letters and notes, which played a crucial role in shaping history.

The Role of Artistic and Cultural Narratives in Society

Cultural artifacts like Hamilton and associated journals influence societal views on ambition, resilience, and innovation. They:

- Inspire new generations to pursue their passions
- Promote resilience in facing societal challenges
- Encourage storytelling as a means of empowerment

Moreover, recognizing the emotional weight behind "a million things" fosters greater societal empathy for mental health struggles and personal hardships.

Future Perspectives and Conclusion

The Evolving Nature of Personal and Cultural Narratives

As society continues to evolve, so will the ways individuals document and interpret their experiences. The integration of technology—digital journals, social media, virtual reality—will expand the horizons of personal storytelling.

The phrase "Hamilton Journal and There's a Million Things I H" symbolizes the ongoing human journey to find meaning amid chaos. It underscores the importance of resilience, creativity, and reflection in navigating modern life.

Final Thoughts

This exploration reveals that what may initially seem like fragmented words encapsulates a profound commentary on human experience. Whether inspired by historical figures, artistic expressions, or personal struggles, the themes of ambition, overwhelm, and hope are universal.

The concept of a "Hamilton Journal" serves as a metaphor for the ongoing process of self-discovery and revolutionary change—both personal and societal. Meanwhile, acknowledging the "million things" we face encourages empathy and resilience, reminding us that despite chaos, growth and hope persist.

In conclusion, embracing these themes can empower individuals to craft their own narratives—revolutionary journals that record not just their struggles but their victories, hopes, and

dreams?creating a collective tapestry of human resilience and aspiration.

QuestionAnswer What is the significance of the phrase 'there's a million things I haven't done' in Hamilton? The phrase reflects Alexander Hamilton's sense of urgency and ambition, emphasizing his desire to accomplish many things despite the obstacles he faces. How does the line 'there's a million things I haven't done' relate to Hamilton's character development? It highlights Hamilton's relentless drive and determination to leave a lasting legacy, showcasing his ambitious personality and focus on achievement. In what context is the lyric 'there's a million things I haven't done' sung in the musical Hamilton? This lyric appears during the song 'My Shot,' where Hamilton expresses his eagerness to make the most of his opportunities and achieve greatness. Why has the phrase 'there's a million things I haven't done' resonated with audiences? It resonates because it captures the universal feeling of ambition, the desire to accomplish more, and the human experience of striving for success despite limitations. Are there any popular covers or adaptations of the line 'there's a million things I haven't done'? Yes, many fans and artists have performed covers or remixes emphasizing this line, often highlighting themes of ambition and perseverance inspired by Hamilton. How does the lyric 'there's a million things I haven't done' inspire listeners or viewers of Hamilton? It inspires listeners to pursue their goals passionately, reminding them of the importance of ambition, perseverance, and making the most of their opportunities.

Related keywords: Hamilton Journal, Hamilton newspaper, Hamilton news, Hamilton local news, Hamilton community, Hamilton events, Hamilton sports, Hamilton politics, Hamilton history, Hamilton updates

Read the full article online: [Hamilton journal and there s a million things i h](#)